

Table 3. Maine CDC Guidance For Congregate Homes – Group B¹ Long Term Care 4/21/2021

Visitor and Resident Status	Common Areas of Facility or Other Staff or Residents Present	Visitation ³	
		Visiting When at the Facility	Offsite visit (e.g. home visit, in a car, private space)
		Facilities might consider quarantining residents who leave the facility if, based on an assessment of risk, uncertainty exists about their adherence or the adherence of those around them to recommended IPC measures.	
Visitors Vaccinated (includes children) & Residents fully vaccinated	Source Control & Physical Distancing	<p>Outdoor Visitation: masking and physical distancing not required, however must be separated from other visitor-resident groups.</p> <p>Indoor Visitation: while inside a private apartment or room separate from other residents, masking and physical distancing is not required.</p>	<p>Resident should be educated in prevention methods and risks. Masking & physical distancing not required. Quarantine not required unless had close contact with a person known or suspected to have COVID-19 Monitor symptoms for 14 days upon return</p>
Visitors Vaccinated (includes children) & Residents not fully vaccinated		<p>Outdoor Visitation: masking and physical distancing not required, however if the resident is at increased risk of severe COVID-19 then all persons should take precautions which includes wearing a well-fitted mask, staying at least 6 feet apart</p> <p>Indoor Visitation: while inside a private apartment or room separate from other residents, masking and physical distancing is not required. Visitors are limited to the members of one household at a time with the individual Resident & if the resident is at increased risk of severe COVID-19 then all persons should take precautions which includes wearing a well-fitted mask and staying at least 6 feet apart.</p>	<p>Resident should be educated in prevention methods and risks Should take place in a private setting with ONLY members of one household. Masking & physical distancing not required unless, the Resident is at increased risk of severe COVID-19, all should take precautions including wearing a well-fitted mask, staying at least 6 feet away from others, and visiting outdoors or in a well-ventilated space. Quarantine not required unless had close contact with a person known or suspected to have COVID-19 Monitor symptoms for 14 days upon return</p>
Visitors Unvaccinated & Resident fully vaccinated		<p>Outdoor Visitation: masking and physical distancing not required, however if any visitors are at increased risk of severe COVID-19 then all persons should take precautions which includes wearing a well-fitted mask, staying at least 6 feet apart</p> <p>Indoor Visitation: while inside a private apartment or room separate from other residents, masking and physical distancing is not required. Visitors are limited to the members of one household at a time with the individual resident & if any visitors are at increased risk of severe COVID-19 then all persons should take precautions which includes wearing a well-fitted mask and staying at least 6 feet apart.</p>	<p>Resident should be educated in prevention methods and risks Should take place in a private setting with ONLY members of one household. Masking & physical distancing not required, unless any members of the household are at increased risk of severe COVID-19, all should take precautions including wearing a well-fitted mask, staying at least 6 feet away from others, and visiting outdoors or in a well-ventilated space. Quarantine not required unless had close contact with a person known or suspected to have COVID-19 Monitor symptoms for 14 days upon return</p>
Visitors Unvaccinated & Resident not fully vaccinated		<p>Outdoor Visitation: may visit with masking, physical distancing</p> <p>Indoor Visitation: may visit with masking & physical distancing with the resident inside a private apartment or room separate from other residents. Visitors are limited to the members of one household at a time with the individual Resident & if the resident is at increased risk of severe COVID-19, all should take precautions which includes wearing a well-fitted mask and staying at least 6 feet apart. Visitors limited to the members of one household at a time with the individual Resident.</p> <p>Close interaction (e.g. hugging): should be limited to a brief encounter while all parties continue to wear a well-fitting face covering.</p>	<p>Not recommended</p> <p>If resident chooses to visit: Resident should be educated in prevention methods and risks All persons should take precautions including wearing a well-fitted mask, staying at least 6 feet away from others, and visiting outdoors or in a well-ventilated space. Monitor for symptoms for 14 days upon return</p>

³**Additional Visitation Recommendations:**

-**Unvaccinated residents:** who wish to be vaccinated ideally should not start indoor visitation until they have been fully vaccinated.

-**Visitor Management:** facilities should have a plan to manage visitation and visitor flow. Visitors should physically distance from other residents and HCW in the facility. Facilities may need to limit the number of visitors per resident at one time as well as the total number of visitors in the facility at one time, in order to maintain infection control precautions.

-**Semi-Private Rooms:** visits for residents who share a room should ideally not be conducted in the resident's room. If in-room visitation must occur (e.g., *resident is unable to leave the room*), an unvaccinated roommate should not be present during the visit. If neither resident is able to leave the room, facilities should attempt to enable in-room visitation while maintaining recommended infection prevention and control practices, including physical distancing and source control.

-**Compassionate Care Visits:** should be permitted at all times while adhering to core principles of infection prevention.

Guidance For When Positive COVID-19 Cases Are Identified

Identification of 1 Positive Case



When a new case of COVID-19 (residents or staff) is identified suspend visitation & other activities facility-wide until at least one round of facility-wide testing is completed.

Note: compassionate care visits are allowed under core infection prevention principles at all times.

Visitation & Other Activities can resume under the following guidance



Area of COVID-19 Cases	Testing Identifies No Additional Positive Cases	Testing Identifies Additional Positive Cases	Facility Meets Criteria to Discontinue Outbreak Testing
Unit "A" (or unit/area with the initially identified cases)	May resume outdoor visitation as listed in the <i>visitation guidance in the community engagement table</i> for residents who are NOT on isolation or quarantine.	Continue restriction of visitation. Follow testing recommendations.	May resume visitation & other activities as listed in the <i>visitation guidance</i> above and per the current county positivity guidance in the "source control, physical distancing, & other activities" table below.
Unit, B, or C, or D, etc. (i.e. other areas in the facility where the initially identified cases were not found).	Visitation & other activities may resume as listed in the <i>visitation guidance in the community engagement table</i> for residents NOT on isolation or quarantine.	If 1st round or subsequent rounds of testing identifies one or more additional cases in other areas/units of the facility (example: Unit B, or C, etc.) suspend visitation for all residents (vaccinated & unvaccinated) until the facility meets criteria to discontinue outbreak testing.	

Source Control, Physical Distancing, & Other Activities

Resident Status	Routine Source Control & Physical Distancing	Pet Visitation	Communal Dining & Group Activities within facility	Medical visits, activities outside facility	Group activities NOT overseen by facility or other known provider	Group activities overseen by facility or other known provider	Day Activities (Community Support, Employment Support, BH, Social Club etc.)	Staffing
				-Facilities might consider quarantining residents who leave the facility if, based on an assessment of risk, uncertainty exists about their adherence or the adherence of those around them to recommended IPC measures. -10 day Quarantine warranted if resident had known close contact with a person known or suspected to have COVID-19. Not applicable for residents in quarantine or isolation				
Resident(s) fully vaccinated	Face coverings for Staff and Residents (Note: see visitation guidance above for recommendations on source control & physical distancing in select circumstances)	Pet may visit individually with multiple residents who are fully vaccinated. Hand Hygiene and environmental cleanliness should be maintained.	Yes	Resident should be educated in prevention methods and risks & continue infection prevention practices of source control, social distancing, and symptom monitoring upon return. If being transported by family/visitor review guidance in "offsite visits above" as well as adhered to public guidance when in public spaces.	Resident should be educated in prevention methods and risks. Masking and Physical Distancing during activity. Monitor symptoms for 14 days upon return.	Yes If off-campus, resident should adhere to masking & physical distancing during activity.	Yes Community Support provider must be in compliance with applicable guidance	
Resident(s) not fully vaccinated		Single Resident Only Hand Hygiene and environmental cleanliness should be maintained.	Yes, with Social Distancing (limited # people at each table with at least 6 feet between each person)	Medical Visits: Masking and physical distancing during transport; masking and physical distancing when able during the medical visit If in an outbreak and/or sending a suspect or confirmed COVID-19 resident, receiving medical facilities must be notified in advance.	Resident should be educated in prevention methods and risks. & Limit to ≤10 persons who have fully recovered from COVID-19 and for those not in isolation or observation or with suspected/confirmed COVID-19 status. Masking and Physical Distancing during activity. Monitor symptoms for 14 days upon return.		See link below for guidance. https://www.maine.gov/dhhs/sites/main/files/inline-files/covid-19-guidance-in-person-services_2.pdf	
High County Positivity >10%	Face Coverings for Staff & Residents and addition of eye protection for staff	Restricted						

Admission, Readmission, & Quarantine Post-Exposure

New Admission & Readmission

Resident should be screened for signs & symptoms of COVID-19. Perform risk assessment to determine if there is concern for risk behaviors/situations. If based on risk assessment there is concern and/or the individual has known close contact with a person known or suspected to have COVID-19, then quarantine for 10 days.

Quarantine Post-Exposure for Staff and Residents: Yes, for 10 minimum of 10 days - **IF** -

A. Individual is NOT 14 days since the completion of the COVID-19 Vaccine Series

B. Individual is NOT within 90 days of a positive COVID-19 test

¹**Group B:** Adult PNMI, Residential Care Facilities, Assisted Living Facilities not included in Group A, Adult Family Care Homes, and Adult Group Homes

²**Source Control:** refers to the use of face coverings to cover a person's mouth and nose to prevent the spread of respiratory secretions when they are talking, sneezing, or coughing. A facility may elect based on risk assessment and specific circumstances to include eye protection for healthcare workers (a.k.a staff), as a part of routine source control in any level of community transmission. Noted, eye protection and other appropriate PPE should be donned at any time there is reasonable expectation of exposure to respiratory droplets or other bodily fluids, per Standard Precautions. Note that this level of source control is required for all federally certified facilities.