Create the change you want.
Use your voice.

Change starts with you.
Join The Direct Care Worker Group Discussion.

Share your story. Share your experience.
Share your ideas. Be heard and make sure those who give care get taken care of first.

- $50 for participating
- Can be in person or through video
- 100% confidential
- COVID-19 precautions followed for in-person meetings

11/10 6pm - In person: Bangor
11/11 9am - Virtual
11/16 6pm - In person: South Portland
11/17 9am - Virtual
12/2 6pm - In Person: Lewiston
12/3 9am - Virtual
12/6 9am - Virtual
12/8 6pm - In person, Aroostook County
12/13 9am - Virtual
12/17 9am - Virtual

SIGN UP for our next session. CALL (800) 499-0229 or EMAIL MLTCOP@MaineOmbudsman.org to learn more.